## INTRODUCING reACT™

# A PARADIGM SHIFT IN STRENGTH TRAINING

#### EXPERIENCE THE PROVEN BENEFITS OF ECCENTRIC STRENGTH TRAINING

- > Improved Core Strength & Stability
- > Improved Balance & Coordination
- > Rapid Increases in Strength & Power > Zero Impact Conditioning



## reACT IS DESIGNED SPECIFICALLY FOR:

- FITNESS: HEALTH CLUB MEMBERS & PERSONAL TRAINERS
- MEDICAL: PHYSICAL THERAPY. **REHABILITATION & FALL PREVENTION**
- ELITE PERFORMANCE: SPORTS & HIIT STRENGTH TRAINING. **MILITARY & LAW ENFORCEMENT**

### WHAT THE PROS ARE SAYING:

"I AM HAVING TO CONSTANTLY ADAPT TO THE CHANGES OF THE SPEED AND LENGTH OF MOVEMENT. MY BODY NOT ONLY WORKS TO ABSORB THE **ECCENTRIC LOAD BY KEEPING THE** MUSCLE UNDER TENSION, BUT I AM HAVING TO REACT TO THE MOVEMENT BECAUSE THE MACHINE CONTROLS THE LOAD."

> STEVE WATERSON STRENGTH & CONDITIONING COACH **TENNESSEE TITANS FOOTBALL**

"ITS HARD TO GET THIS MOTION WITH PERFECT FORM ON A FREE WEIGHT FOR SOMEONE WHO IS NOT USED TO THAT KIND OF TRAINING, IN A SHORT

CELEBRITY TRAINER CSCS, CPT



reACT Strength Trainer Features	User Benefits	
AccuTouch Moisture-Resistant Interactive Display Monitor	Single button start, adjustable time and speed, auto-stop feature; provides complete control when user is in the forward-facing position	
3 Pre-Programmed Exercise Workouts and Unlimited Speed/time Variations	Quick start and customized programming to all user levels	
3 EvenFlo Multi-Speed Drive Train	Industrial grade motor facilitates individuals of all shapes and sizes at precise speed and motion/movement Reverse elliptical movement with floating pivot points and pitch position optimizes eccentric muscle activation 10-speed settings allow for progressive and regressive speed settings	
4 FlightDeck Movement Platform	Wide base platform with non-slip surface allows for multiple foot placement/body positions for a variety of exercise applications	
5 Side-Mounted Auxiliary Control Panel	Additional control mechanism allows instant stop, speed adjustment upward and downward when user is in the side-facing position	
b Wrap-Around Heavy Gauge Rail System	Provides 360-degree safety support from any position on the machine	
7 Infra-Red Work Zone Protection	Emergency Auto Stop Safety feature based on military-grade infra-red beam technology provides immediate stop when beam is interrupted	
8 Low Profile Step-Up Height	Allows easy entry and exit for users of all ages and abilities for superior performance and functionality	
9 Error-Detection System (EDS)	Internal error detection system immediately stops machine in the event of an internal system error	



#### **Technical Specifications:**

Dimensions:	Height:	Base Size:		Weight:
	4.6 ft 1.42 m	7.5 ft L x 3.5 2.3 m x 1.1 m	ft W	617 lbs 280 kg
	Electrical:110V/220V		Max Load:3	850 lbs/158 k

Construction: > Full Metal Frame with Robotic Welding > ABS Industrial Grade Plastic Shell

> Sealed Electronics

> Upgradeable Programming (2) USB Ports

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> Operating System: Windows Cl	E 6.0











